

## Building Community In a Secure Environment With DIGNITY & RESPECT

The Community Model program begins with support from the jail administration and an invitation to all those incarcerated to join. Those who volunteer to participate move to a designated living unit within the institution.

Specific activities, supplemented by the best multi-media & written resources available for this population, encouraging candid and honest dialogue among peers, are scheduled for 12 hours a day within this 24/7 designated living unit.

Together they assume responsibility for their personal outcomes, learn new tools for communication, behavior, and changing themselves internally -- essentially "re-parenting" themselves. Their work is done sitting in a circle and in small groups led by volunteer inmate mentors.

Participant-led community meetings deal with deconstructive and constructive behavior, addressing matters of civility, recovery from addictive behaviors, and self-limiting beliefs. The sense of belonging, contribution, empowerment, and equality in this well-established process leads to higher levels of ownership, motivation, participation, positive attitude, AND hard work as the community constantly builds and matures. The community's democratic principles and norms often exceed those of our society-at-large and are continued in the outside world by ex-offenders upon their release.

The institution and correctional staff benefit from an unparalleled enhancement of the safe and orderly operation of their facility.

This model costs approximately one-fourth of traditional treatment, is open to all inmates, and reduces the recidivism rate from 50% to 14% --- **considered among the highest positive results in the nation.**

"We will turn this  
prison from a scrap  
heap into a repair  
shop"

Thomas Mott Osborne  
*Pioneer in prison reform 1859-1926*

For more information or to  
make any **tax deductible  
financial contribution**  
please visit:

[www.communitymodel.org](http://www.communitymodel.org)



Or mail to  
CMAA  
PO BOX 1136  
Williamsburg, VA 23187  
**Phone: 757-561-8907**



## The COMMUNITY MODEL IN CORRECTIONS

at  
**Southside Regional Jail**



## An Invitation to Change Lives and Communities

**Please help.  
We cannot do it alone.**

The Community Model in Corrections® is a Re-Entry Program of the Community Model Association of America (CMAA) a non-profit 501(c)(3) dedicated to bringing the Community Model in Corrections into the United States Criminal Justice System as a human service to reduce recidivism by ***changing the culture of incarceration.***

## Changing the Culture of Incarceration

In 2015, 1455 men and women entered the Southside Regional Jail with substance abuse, anger, parenting, and life skills challenges.

Without meaningful interaction, they will leave the jail system without the skills to cope with the real world with an over 50% recidivism rate, costing tax payers hundreds of thousands of dollars each year.

Professional, trained, highly experienced Center for Therapeutic Justice staff as part of the jail team, provides monitoring & facilitates inmates in creating their own community to address matters of behavior, civility and addiction.

Over 1,731 men and women have completed this ongoing, intense treatment program between January 2005 and June 2016, resulting in less than a 14% recidivism rate.

The Model was initially funded through a 2005 Federal Grant and then by joint funding from District 19 Community Services Board, local funding and Southside Regional Jail non tax-payers funds.

**Due to budget cuts, these funds are no longer available.**

PLEASE READ ON...

## "It's Not About Ourselves"

### MESSAGES FROM THE PARTICIPANTS



**"The community has taught me about life and how to cope, and it has given me understanding—and to me that's something I'll take with me long after I'm released."**

***"Since I've been in the community I've learned to re-evaluate my life....to control my temper and talk to people. I'm a better person today."***

**"Since entering the program I have begun to identify problem areas of my life. The feedback from my peers helps me be honest with myself."**

***"It's not about ourselves. It's about all of us, both in and outside of these walls. It's about the communities we are going home to as neighbors. It's about knowing all people COUNT."***

## Critical Return on Investment

**THE PROBLEM:** The 2010 survey by the Center on Addiction reported that 65% of all inmates have a history of substance abuse, and the 2006 report by the Department of Justice indicated 64% of local jail inmates have symptoms of serious mental illness.

The Criminal Justice System is working at *beyond full-capacity* just to respond to the increase in incarceration and is not equipped to support behavioral change.

**THE SOLUTION:** With far-reaching results, the Community Model benefits the correctional system through alternative, facility-friendly, offender treatment that reduces recidivism by changing the culture of incarceration – at 1/4 the cost of most other programs.

Your support today means 60 treatment beds can CONTINUE to be used at Southside Regional Jail for men & women ready to be responsible, productive members of society.

In order to continue this valuable service for **2 years** we need to raise **\$100,000**.

- Your donation of **\$4200** will ensure **1 month** of support and behavioral change for 60 inmates
- With your donation of just **\$840** we can provide this vital support for 1 inmate for **1 year**
- A donation of **\$70 per month** allows one inmate to take advantage of this program